



Medications for OB Patients

PRENATAL VITAMINS

- Prenatal Vitamin with 800 mcg of folic acid

ANTACIDS/REFLUX/UPSET STOMACH

- Plain Maalox
- Mylanta
- Tums
- Riopan
- Roloids
- Pepcid
- Zantac
- Tagamet
- Prevacid
- Prilosec

ANTI-DIARRHEAL

- Imodium capsules (loperamide)
- Kaopectate

ANTI-EMETICS (NAUSEA)

- Vitamin B-6 100mg twice a day
- Unisom sleep tablet 1/2 tablet w/ each B-6
- Acupressure wrist band
- BRAT diet (enclosed in OB packet)

ANTIFUNGALS

- Gyne-Lotrimin 3 or 7 day
- Monistat 1, 3 or 7 days
- Mycelex7

ANTI-HISTAMINES/ DECONGESTANTS/ COUGH&COLD

- Allegra
- Benadryl
- Chlor-Trimeton
- Clarinex
- Claritin
- Cough Drops
- Delsym cough syrup
- Dimetapp
- Mucinex
- Mucinex D
- Robitussin
- Robitussin DM
- Saline (only) Nasal Spray
- Sudafed
- Travis-D
- Triaminic syrup (yellow or orange)
- Vicks Vapor Rub
- Zicam
- Zyrtec

FEVER BLISTERS

- Abreva
- Blistex
- L-Lysine

FLATULENCE(GAS)

- Gax-X
- Mylicon

HEMORROIDS

- Preparation H
- Anusol HC
- Tucks
- Witch Hazel

LAXATIVES/STOOL SOFTENERS

- Citrucel
- Colace
- Dulcolax
- Fibercon
- Metamucil
- Milk of Magnesia
- MiraLax
- Senokot
- Increase Fluids and Fiber

PAIN/FEVER

- Tylenol (Extra Strength or plain)

SORE THROAT

- Chloraseptic Spray
- All throat lozenges
- Salt Water Gargles

TOOTHACHE

- Orajel

TOPICAL CREAMS/ OINTMENTS

- Benadryl
- Hydrocortisone
- Caladryl